

# Mental Health First Aid




This accredited course teaches members of the public how to assist someone who is developing a mental health problem or is in a mental health crisis until professional assistance can be sought. The program is conducted in a small group environment over 4 sessions.

Feb 7,14,21,28

6:00pm to 9:00 pm

Cost: \$200.00 – includes manual.






15 Gibson Street, Dromana Vic 3936  
 5087 2631  Dromana Community House  
 [info@dromanacommunityhouse.org.au](mailto:info@dromanacommunityhouse.org.au)  
[www.dromanacommunityhouse.org.au](http://www.dromanacommunityhouse.org.au)

# Take-a-break Occasional Childcare

A four hour (9.30am – 1.30pm) childcare session that runs weekdays during the school term.

Mobile pre-school aged children take part in age appropriate activities and learn how to interact with others.



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